

COMO EARLY LEARNING CENTER

March 2026 Breakfast/Snack Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R K F S	2. Corn Flakes Cereal, Fresh Fruit, Milk	3. Whole Grain Kix corn puffs Cereal, Fresh Fruit, Milk	4. Toasted Oats Cereal, Fresh Fruit, Milk	5. Rice Crispies Cereal, Fresh Fruit, Milk	6. Corn Flakes Cereal, Fresh Fruit, Milk
S N A C K	Sunbutter, Saltine Crackers, Water* * * 1 gram of sugar per serving	Whole Grain Cheese- it crackers, Milk * 0 grams of sugar per serving	Whole Grain Veggie crackers, Milk * 1 gram of sugar per serving	Wholegrain Goldfish Crackers, Milk * 0 grams of sugar per serving	Chex mix Simply Strawberry and Yogurt, Milk * 6 grams of sugar per serving
B R K F S T	9. Whole Grain Kix corn puffs Cereal, Fresh Fruit, Milk	10. Toasted Oats Cereal, Fresh Fruit, Milk	11. Rice Crispies Cereal, Fresh Fruit, Milk	12. Corn Flakes Cereal, Fresh Fruit, Milk	13. Whole Grain Kix corn puffs Cereal, Fresh Fruit, Milk
S N A C K	Whole Grain Cheese- it crackers, Milk * 0 grams of sugar per serving	Saltine Crackers, String Cheese Mozzarella Stick, Water * 1 gram of sugar per serving	Chex mix Simply Strawberry and Yogurt, Milk * 6 grams of sugar per serving	Whole Grain Veggie crackers, Milk * 1 gram of sugar per serving	Sunbutter, Saltine Crackers, Water* * * 1 gram of sugar per serving
B R K F S T	16. Toasted Oats Cereal, Fresh Fruit, Milk	17. Rice Crispies Cereal, Fresh Fruit, Milk	18. Corn Flakes Cereal, Fresh Fruit, Milk	19. Whole Grain Kix corn puffs Cereal, Fresh Fruit, Milk	20. Toasted Oats Cereal, Fresh Fruit, Milk
S N A C K	Whole Grain Cheese-it crackers, Milk * 0 grams of sugar per serving	Wholegrain Goldfish Crackers, Milk * 0 grams of sugar per serving	Whole Grain Mixed Berry Animal Crackers, Milk * 6 grams of sugar per serving	Whole Grain Veggie crackers, Milk * 1 gram of sugar per serving	Saltine Crackers, String Cheese Mozzarella Stick, Water * 1 gram of sugar per serving
B R K F S T	23. Rice Crispies Cereal, Fresh Fruit, Milk	24. Corn Flakes Cereal, Fresh Fruit, Milk	25. Whole Grain Kix corn puffs Cereal, Fresh Fruit, Milk	26. Toasted Oats Cereal, Fresh Fruit, Milk	27. Rice Crispies Cereal, Fresh Fruit, Milk
S N A C K	Sunbutter, Saltine Crackers, Water* * * 1 gram of sugar per serving	Chex mix Simply Strawberry and Yogurt, Milk * 6 grams of sugar per serving	Saltine Crackers, String Cheese Mozzarella Stick, Water * 1 gram of sugar per serving	Whole Grain Cheeze its, Milk * 7 grams of sugar per serving	Wholegrain Goldfish Crackers, Milk * 0 grams of sugar per serving
B R K F S T	30. Corn Flakes Cereal, Fresh Fruit, Milk	31. Whole Grain Kix corn puffs Cereal, Fresh Fruit, Milk	* Whole milk is provided for children under two and skim milk is provided for children over two.	* Menu Subject to change* Cereal brand used: Hospitality	1. Kix Corn Puffs=4 grams of sugar per 3/4 cup serving
S N A C K	Whole Grain Cheese-it crackers, Milk * 0 grams of sugar per serving	Whole Grain Mixed Berry Animal Crackers, Milk * 6 grams of sugar per serving		4. Rice Crispies= 4 grams of sugar per 3/4 cup serving	2. Toasted Oats= 2 grams of sugar per 1/2 cup serving 3. Corn flakes= 2 grams of sugar per 1/2 cup serving.

